



## Your Story Matters

StoryShare is a friendly outreach program for Calgary and area seniors. To request or gift a StoryShare:

• Visit: <a href="https://storytellingalberta.com/storyshare-request-form">https://storytellingalberta.com/storyshare-request-form</a>

• Or call: 587-5 STORY 0 (587-578-6790)

"My best day during this whole pandemic was the day I got that story."

"When I got off the phone it felt like I'd been to a tea party. Absolutely marvelous and uplifting."

## **How StoryShare Works**

- 1. A storyteller and a volunteer contact the senior via conference call or video platform e.g. Zoom, Skype, Duo, etc.
- 2. The storyteller tells a story and the senior, if they wish, shares an anecdote from their lived history.
- 3. The volunteer connects the senior to helpful resources in the community.
- 4. If they wish, the senior can have their anecdote recorded as part of our Legacy Project.

**Note:** All personal information is held in the strictest confidence, and all our tellers and volunteers are required to obtain a Vulnerable Sector Police Information Check.

A Calgary community initiative in collaboration with Calgary Seniors Resource Society and funded by the Federal Government